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Australian Institute of Family Counselling

RTO: 88037 CRICOS: 02400A

**10487NAT ADVANCED DIPLOMA OF COUNSELLING AND
FAMILY THERAPY (CHRISTIAN)**

2018 Booklist

Term 1

CFTRFP610A- Evaluate and Apply Models of Relationships, Family and Parenting to Therapy

Required Reading

Yarhouse, M., & Sells, J. (2017). *Family therapies: a comprehensive Christian appraisal*. (2nd ed.). Downers Grove: IVP.

Recommended Reading

Kostenberger, A. (2010). *God, marriage and family*. United States: Crossway

Goldenberg, I., & Goldenberg, H. (2016). *Family therapy. an overview*. (9th ed.). Pacific Grove: Brooks/Cole.

Nichols, M. (2013). *The essentials of family therapy*. (6th ed.). Boston: Pearson.

CFTMFT625A Use a Specific Model of Family Therapy

Required Reading

Williams, L., Edwards, T., Patterson, J., & Chamow L. (2014). *Essential assessment skills for couple and family therapists*. New York: Guildford Press

McGoldrick M., Gerson R., & Petry S. (2008). *Genograms, assessments and intervention*. (3rd ed.). New York: Norton and Company.

Recommended Reading

Yarhouse, M., & Sells, J. (2017). *Family therapies: A comprehensive Christian appraisal*. (2nd ed.). Downers Grove: IVP. – Change to recommended

CFTSMT645 Apply Stress Management to Therapy

Required Reading

Davis M., Eshelman E.R., & McKay M. (2008). *The relaxation and stress reduction workbook*. (6th ed.). Oakland: New Harbinger.

Recommended Reading

Wright, H. N. (2013) *Success over stress*. Oregon: Harvest House Publishers.

Johnston, R. (2015). *Christian mindfulness: Are you living on auto pilot?* United States of America: RHH Johnston

CHCCSL504A Apply Personality and Development Theories

CHCCSL004 Research and Apply Personality and Development Theories

Required Reading

Refer to Links outlined in Task A

Recommended Reading

Feldman, R. S. (2016). *Development across the life span* (8th ed.). Upper Saddle River: N.J Pearson/Prentice Hall.

Term 2

CFTCF691 Conduct Family Therapy with an Individual

Required Reading

Richardson, R. (2011) *Family Ties that Bind*. (4th ed.). Vancouver: Self-Counsel Press

McGoldrick M., Gerson R., & Petry S. (2008). *Genograms, assessments and intervention*. (3rd ed.). New York: Norton and Company.

CHCCSL505A Apply Learning Theories in Counselling

CHCCSL005 Apply Learning Theories in Counselling

Required Reading

Ramnero, J. & Torneke, N. (2011) *The ABC's of human behaviour: behavioural principles for the practicing clinician*. Canada: New Harbinger Publications.
Note: Either the 2008 or the 2011 edition is suitable to use for this unit. - ADD

Richardson, R. (2011) *Family ties that bind*. (4th ed.). Vancouver: Self-Counsel Press.

CHCCM503C Develop, Facilitate and Monitor All Aspects of Case Management

Required Reading

Gursansky D, Kennedy R, Camilleri P J. (2012) *The practice of case management, effective strategies for positive outcomes*. Crows Nest: Allen & Unwin.

“Planned Support Guide – an approach to case management” written by the Queensland Council of Social Service (downloadable for free from QCOSS website)

Recommended Reading

Moore, E. (2009). *Case management for community practice*. Melbourne: Oxford Press. - ADD

CFTATC604A Apply Theology in Counselling

Required Reading

Duvall, J. S., & Hays, J. D. (2012). *Living God's word: discovering our place in the great story of scripture* (2012 edition). Grand Rapids, Mich: Zondervan.

Recommended Reading

Carson, D. A. (Ed.). (2015). *NIV Zondervan Study Bible*. Grand Rapids, MI.: Zondervan.
- ADD

Term 3

CFTCFT692A Conduct Family Therapy Sessions with Families

Required Reading

Richardson, R. (2011). *Family ties that bind*. (4th ed.). Vancouver: Self-Counsel Press.

Recommended Reading

Yarhouse, M., & Sells, J. (2017). *Family therapies: A comprehensive Christian appraisal*. (2nd ed.). Downers Grove: IVP.

CHCFCS802B Provide Relationship Counselling

Required Reading

Chapman, G. (2008). *desperate marriages: moving toward hope and healing in your relationship*. United States of America: Northfield Publishing. - ADD

Ripley, J., & Worthington, E. (2014). *Couple therapy: A new hope-focused approach*. United States: InterVarsity Press. - ADD

Recommended Reading

Chapman, G. (2004). *The five love languages: how to express heartfelt commitment to your mate*. Chicago: Northfield Publishing.

Eggerichs, E. (2004). *Love and respect*. United States of America: Thomas Nelson.

Harley, W. (2011). *His needs, her needs. how to have an affair proof marriage*. Old Tappan: F H Revell.

CHCFCS803B Provide Grief and Loss Therapy

Required Reading

Wright, N. (2006). *Recovering from the losses of life*. Tarrytown, NY: Flemming H Revell. - Add

Worden, W. (2008). *Grief Counselling and Grief Therapy. A Handbook for the Mental Health Practitioner*. (3rd ed.). New York: Springer.

Recommended Reading

Zagdanski, D. (1994) *Stuck for Words: What to say to someone who is grieving*. Melbourne, Hill of Content Pub Co

CFTMDS650A Evaluate and Apply Therapy for Mental Disorders

Required Reading

Albers, R. H., Meller, W. H., & Thurber S. D. (Eds.). (2012). *Ministry with Persons with Mental Illness and Their Families*. Fortress Press: Minneapolis

American Psychiatric Association, (2013). *Diagnostic and Statistical Manual of Mental Disorders*, (5th ed.). Washington, DC: Author.

Term 4

CFTADD655A Provide Therapy for Clients with Addiction Issues

Required Reading

Miller, W. R., Forcehimes, A. A., & Zweben, A. (2011). *Treating addiction: A guide for professionals*.

Clinton, T and Scalise, E. (2013). *The quick reference guide to addictions and recovery counselling*. Grand Rapids: Baker.

Recommended Reading

McVey, S and Quarles, M. (2012). *Helping Others Overcome Addiction*. Oregon: Harvest House Publishers

CHCCSL506A Apply Counselling Therapies to Address a Range of Client Issues

Required Reading

Yarhouse, M., & Sells, J. (2008). *Family Therapies: A Comprehensive Christian Appraisal*. Downers Grove: IVP.

Electives

CFTSEX675A Provide therapy for clients presenting with sexual problems

Required Texts

Penner, J. J., & Penner, C. L. (2005) *Counselling for sexual disorders*. Available only via: <https://www.signature-book.com/New2Books/penner.htm>

Yarhouse, M. A., & Tan, E. S. N. (2014) *Sexuality and sex therapy: A comprehensive Christian appraisal*. Downers Grove, IL: IVP Academic.

Recommended Texts

Charlton, R. S. (Ed). (1997) *Treating sexual disorders*. San Francisco: Jossey-Bass.

Clinton, T., & Laaser, M. (2010) *Sexuality and relationship counselling. A quick reference guide*. Grand Rapids: Baker.

Leiblum, S. R. (2006) *Principles and practice of sex therapy* (4th ed.). New York: Guilford Press.

CHCGROUP807B Implement group interventions

Required Reading

Cloud, H., & Townsend, J. (2003). *Making small groups work: what every small group leader needs to know*. Michigan: Zondervan.

Chapter on Group Dynamics provided on Moodle.

Recommended Texts

Johnson, D. and Johnson, F. (2014). *Joining together: Group theory and group skills*. (Pearson New International ed). Boston: Pearson.

CHCCH522B - Undertake outreach work

Links to various relevant documents supplied in the Reader

CFTABS665A Provide Therapy for Issues Relating to Abuse

Required Reading

Hunt, J. (2013). *Verbal and emotional abuse. Victory over verbal and emotional abuse*. Rose Publishing: California

Recommended Texts

Jantz, G L. (2009). *Healing the scars of emotional abuse*. Grand Rapids: Baker Publishing.

Clinton, T., & Clark, C. (2010). *Counselling teenagers. Quick reference guide*. Grand Rapids: Baker Publishing.

Clinton, T., Hart, A., & Ohlschlager, G. (Eds). (2005). *Caring for people God's way*. Nashville: Nelson.

CHCCSM003 Work with carers or families in complex situations

To be confirmed in February 2018