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Australian Institute of Family Counselling

RTO: 88037

10134NAT Graduate Diploma of Counselling and Integrated  
Psychotherapy (Spiritual)

**2019 Booklist**

## CORE UNITS

### Term 1

#### IPSSCP803A Manage Own Self-Care in Professional Practice

##### Required Reading

Keller, T. (2014) *Every Good Endeavour: Connecting Your Work to God's Work*. London: Hodder & Stroughton Ltd.

Jones, K. B. (2001) *Rest in the Storm: Self-Care Strategies for Clergy and Other Caregivers*. Valley Forge PA: Judson Press.

#### BSBRES401 Analyse and present research information

##### Required Reading

APA (2012). *Publication Manual of the American Psychological Association, 6th revised edition*. Washington DC: APA.

Findlay, B. (2015). *How to write psychology research reports and essays, 7<sup>th</sup> ed.* P.Ed: Australia. Print

### Term 2

#### MTMBUS702A Provide Strategic Leadership

##### Required Reading

Clinton, R. (2012). *The Making of a Leader, recognizing the lessons and stages of leadership development*. US: Navpress.

Bolsinger, T. (2015). *Canoeing the Mountains, Leadership in Uncharted Territory*. Downers Grove, Illinois: IVP Books.

#### IPSCTM801A Evaluate and apply a variety of counselling or psychotherapy modalities in counselling practice

##### Required Reading

Jones, S., & Butman, R. (2011) *Modern Psychotherapies, A Comprehensive Christian Appraisal. 2nd Ed.* Downers Grove, IL: InterVarsity Press.

Corey, G. (2015) *Theory and Practice of Counseling and Psychotherapy* 10th Ed. Cengage: US.

then a choice of either:

Corey, G. (2015) *Student Manual for Theory and Practice of Counseling and Psychotherapy 10th Ed.* Cengage: US.

or

Corey, G. (2011) *DVD The Case of Stan and Lecturettes for Theory and Practice of Counseling and Psychotherapy, 9th ed.* Cengage: US.

One or two additional texts or resources depending on the chosen modalities. See the Reader for information and references for each modality.

## Term 3

### **IPSETH804A Work with complex contemporary and ethical issues in integrated psychotherapy**

#### **Required Reading**

Welfel, E. R. (2015). *Ethics in Counselling and Psychotherapy*, 6th ed. Boston, MA: Cengage Learning.

#### **Recommended Reading**

Sanders, R. K. (2013) *Christian Counseling Ethics, 2nd ed.* Downers Grove, IL: IVP Academic.

### **BSBRES801 Initiate and lead applied research**

Nil

## Term 4

### **IPSSUP805A Provide professional supervision to supervisees**

#### **Required Reading**

Pelling, N., Barletta, J. & Armstrong, P. (2017). (2<sup>nd</sup> Ed.). *The practice of Clinical Supervision.* Australian Academic Press, Brisbane, Australia

It is suggested that this book be ordered and purchased straight from the publisher; Australian Academic Press

#### **Recommended Reading**

Leach, J. & Paterson, M. (2010). *Pastoral Supervision: a Handbook 2<sup>nd</sup> ed.* London: SCM Press.

## **IPSNMC802A Evaluate, synthesise and apply a new model of counselling or psychotherapy**

### **Required Reading**

Jones, S., & Butman, R. (2011) *Modern Psychotherapies, A Comprehensive Christian Appraisal. 2nd Ed.* Downers Grove, IL: InterVarsity Press.

### **Recommended reading:**

Litchfield, B., Litchfield, N. (2008). *Let's Stand Up Straight: Recovery from Unhealthy People-Dependencies, Third edition.* Gungahlin, ACT: Litchfield Family Services Pty Ltd.

Tan, S-Y. (2011). *Counseling and Psychotherapy: A Christian Perspective.* Grand Rapids, MI: Baker Academic.

Paul, R., Elder, L. (2014). *The Miniature Guide to Critical Thinking Concepts and Tools, Seventh Edition. Foundation for Critical Thinking.*

One additional text or resource depending on which model is chosen. See the Reader for information and references.

## **ELECTIVES**

### **CFTSEX675A Provide therapy for clients presenting with sexual problems**

#### **Required Reading**

Penner, J. J., & Penner, C. L. (2005) *Counselling for Sexual Disorders.*

Available only via: <https://www.signature-book.com/New2Books/penner.htm>

Yarhouse, M. A., Tan, E. S. N. (2014). *Sexuality and Sex Therapy: A Comprehensive Christian Appraisal.* Downers Grove, IL: IVP Academic.

### **CHCGROUP807B Implement group interventions**

#### **Required Reading**

Chapter on Group Dynamics provided on Moodle.

#### **Recommended Reading**

Cloud, H., & Townsend, J. (2003). *Making small groups work: what every small group leader needs to know.* Michigan: Zondervan

Johnson, D. and Johnson, F. (2014). *Joining together: Group theory and group skills.* (Pearson New International ed). Boston: Pearson.

## **IPSPTS807A Determine client need and provide complex case management services**

### **Required Reading**

Gursanky, D. Kennedy, R. Camilleri, P. (2012). *The Practice of Case Management. Effective Strategies for Positive Outcomes*. Sydney: Allen and Unwin.

“Planned Support Guide – an approach to case management” written by the Queensland Council of Social Service (downloadable for free from QCOSS website)

### **Recommended Reading**

Moore, E. (2016). *Case Management for Community Practice*. Sth Melbourne: Oxford University Press.

Christensen D N, et al. (1999). *Solution-Based Casework, An Introduction to Clinical and Case Management Skills in Casework Practice*. Louisville, USA: University of Kent.

## **IPSPSY808A Evaluate and apply common psychotherapeutic approaches integrating psychology and spirituality**

### **Required Reading**

McClung, F. (2004). *The Father Heart of God*. USA: Harvest House Publishers.

Worthington, E. L., Johnson, E. L. Hook, J. N., Aten, J. D. (2013). *Evidence-Based Practices for Christian Counseling and Psychotherapy*. Downers Grove, IL: IVP Academic.

### **Recommended Reading**

McMinn, M. (2011). *Psychology, Theology, and Spirituality in Christian Counseling*. USA: Tyndale House Publishers.

## **IPSCSP809A Apply Christian counselling to common spiritual issues**

### **Required Reading**

McMinn, M. (2011). *Psychology, Theology, and Spirituality in Christian Counseling*. USA: Tyndale House Publishers.

Tan, S. Y. (2011). *Counseling and Psychotherapy: A Christian Perspective*. Grand Rapids, MI: Baker Academic.

### **Recommended Reading**

Worthington, Everett L., Johnson, Eric L., Hook, Joshua N., & Aten, Jamie D. (2013). *Evidence-Based Practices for Christian Counseling and Psychotherapy*. Downers Grove, IL: IVP Academic.

Barker, Graham A., & Powell, Clifford J. (2014). *From Woe to Go: A Training Text for*

*Christian Counsellors*. Bloomington, IL: Balboa Press.

## **IPERSIST810A Synthesise a relevant biblical theology perspective and integrate into the counselling process**

### **Required Reading**

Duvall, J. S., & Hays, J. D. (2012). *Living God's Word: Discovering Our Place in the Great Story of Scripture*. Grand Rapids, Mich: Zondervan.

McMinn, M. (2011). *Psychology, Theology, and Spirituality in Christian Counselling*. Carol Stream, IL: Tyndale House Publishers, Inc.

### **Recommended Reading**

McClung, F. (2004) *The Father Heart of God*. USA: Harvest House Publishers.

## **CHCCCS027 Visit client residence**

Links to various relevant documents supplied in the Reader

## **IPSTRA806A Provide counselling support in response to trauma reactions and critical incidents**

### **Required Reading**

Wright, H. N. (2011). *The Complete Guide to Crisis & Trauma Counseling: What to Do and Say When It Matters Most!* Rev. Ed. Bethany House.

## **CHCFCS802B Provide Relationship Counselling**

### **Required Reading**

Chapman, G. (2018). *Loving your spouse when you feel like walking away*. United States of America: Moody Publishers

### **Recommended Reading**

Chapman, G. (2004). *The Five Love Languages: How to Express Heartfelt Commitment to Your Mate*. Chicago: Northfield Publishing.

Eggerichs, E. (2004). *Love and Respect*. United States of America: Thomas Nelson.

Harley, W. (2011). *His Needs, Her Needs. How to have an Affair Proof Marriage*. Old Tappan: F H Revell.

## **CFTMDS650A Evaluate and Apply Therapy for Mental Disorders**

### **Required Reading**

Albers, R. H., Meller, W. H., & Thurber S. D. (Eds.). (2012). *Ministry with Persons with Mental Illness and Their Families*. Fortress Press: Minneapolis

American Psychiatric Association, (2013). *Diagnostic and Statistical Manual of Mental Disorders, (5th ed.)*. Washington, DC: Author.

## **CFTABS665A Provide therapy for issues relating to abuse**

### **Required Reading**

Hunt, J. (2013). *Verbal and emotional abuse. Victory over Verbal and Emotional Abuse*. California: Rose Publishing.

### **Recommended Reading**

Jantz, G L. (2009). *Healing the scars of emotional abuse*. Grand Rapids: Baker Publishing.

Clinton, T., Hart, A., & Ohlschlager, G. (Eds.). (2005). *Caring for People God's Way*. Nashville: Nelson

## **CHCCSM003 Work with carers or families in complex situations**

### **Required Reading**

Albers, R. H., Meller, W. H., & Thurber S. D. (Eds.). (2012). *Ministry with Persons with Mental Illness and Their Families*. Fortress Press: Minneapolis

### **Recommended reading**

Mast, Benjamin (2014) *Second Forgetting: Remembering the Power of the Gospel During Alzheimer's Disease*. Zondervan: US