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Australian Institute of Family Counselling

RTO: 88037

10134NAT Graduate Diploma of Counselling and Integrated
Psychotherapy (Spiritual)

2019 MID YEAR Booklist

CORE UNITS

Quarter 1

BSBRES401 Analyse and present research information

Required Reading

APA (2012). *Publication Manual of the American Psychological Association* (6th ed.). Washington DC: APA.

Findlay, B., Kaufmann, L. (2018). *How to write psychology research reports and essays* (8th ed.). P.Ed: Australia. Print

Quarter 2

IPSETH804A Work with complex contemporary and ethical issues in integrated psychotherapy

Required Reading

Welfel, E. R. (2015). *Ethics in Counselling and Psychotherapy* (6th ed.). Boston, MA: Cengage Learning.

Recommended Reading

Sanders, R. K. (2013) *Christian Counseling Ethics*, (2nd ed.). Downers Grove, IL: IVP Academic.

Quarter 3

IPSSCP803A Manage Own Self-Care in Professional Practice

Required Reading

Keller, T. (2014) *Every Good Endeavour: Connecting Your Work to God's Work*. London: Hodder & Stroughton Ltd.

Jones, K. B. (2001) *Rest in the Storm: Self-Care Strategies for Clergy and Other Caregivers*. Valley Forge PA: Judson Press.

IPSCTM801A Evaluate and apply a variety of counselling or psychotherapy modalities in counselling practice

Required Reading

Jones, S., & Butman, R. (2011) *Modern Psychotherapies, A Comprehensive Christian Appraisal. 2nd Ed*. Downers Grove, IL: InterVarsity Press.

Corey, G. (2015) *Theory and Practice of Counseling and Psychotherapy* (10th ed.). Cengage: US.

then a choice of either:

Corey, G. (2015) *Student Manual for Theory and Practice of Counseling and Psychotherapy* (10th ed.). Cengage: US.

or

Corey, G. (2011) *DVD The Case of Stan and Lecturettes for Theory and Practice of Counseling and Psychotherapy*, (9th ed.). Cengage: US.

One or two additional texts or resources depending on the chosen modalities. See the Reader for information and references for each modality.

Quarter 4

BSBRES801 Initiate and lead applied research

Nil

Quarter 5

AMPMGT802 Provide Strategic Leadership

Required Reading

Clinton, R. (2012). *The Making of a Leader, recognizing the lessons and stages of leadership development*. US: Navpress.

Bolsinger, T. (2015). *Canoeing the Mountains, Leadership in Uncharted Territory*. Downers Grove, Illinois: IVP Books

Quarter 6

IPSNMC802A Evaluate, synthesise and apply a new model of counselling or psychotherapy

Required Reading

Jones, S., & Butman, R. (2011) *Modern Psychotherapies, A Comprehensive Christian Appraisal*. (2nd ed.). Downers Grove, IL: InterVarsity Press.

Recommended reading:

Litchfield, B., Litchfield, N. (2008). *Let's Stand Up Straight: Recovery from Unhealthy People-Dependencies, Third edition*. Gungahlin, ACT: Litchfield Family Services Pty Ltd.

Tan, S-Y. (2011). *Counseling and Psychotherapy: A Christian Perspective*. Grand Rapids, MI: Baker Academic.

Paul, R., Elder, L. (2014). *The Miniature Guide to Critical Thinking Concepts and Tools*, (7th ed.). *Foundation for Critical Thinking*.

One additional text or resource depending on which model is chosen. See the Reader for information and references.

IPSSUP805A Provide professional supervision to supervisees

Required Reading

Pelling, N., Barletta, J. & Armstrong, P. (2017). (2nd ed.). *The practice of Clinical Supervision*. Australian Academic Press, Brisbane, Australia

It is suggested that this book be ordered and purchased straight from the publisher; Australian Academic Press

Recommended Reading

Leach, J. & Paterson, M. (2010). *Pastoral Supervision: a Handbook* (2nd ed.). London: SCM Press.

ELECTIVES

CFTSEX675A Provide therapy for clients presenting with sexual problems

Required Reading

Penner, J. J., & Penner, C. L. (2005) *Counselling for Sexual Disorders*.

Available only via: <https://www.signature-book.com/New2Books/penner.htm>

Yarhouse, M. A., Tan, E. S. N. (2014). *Sexuality and Sex Therapy: A Comprehensive Christian Appraisal*. Downers Grove, IL: IVP Academic.

CHCGRP005 Plan and provide group counselling

Required Reading

Chapter on Group Dynamics provided on Moodle.

Recommended Reading

Cloud, H., & Townsend, J. (2003). *Making small groups work: what every small group leader needs to know*. Michigan: Zondervan

Johnson, D. and Johnson, F. (2014). *Joining together: Group theory and group skills*. (Pearson New International ed). Boston: Pearson.

IPSPTS807A Determine client need and provide complex case management services

Required Reading

Gursanky, D. Kennedy, R. Camilleri, P. (2012). *The Practice of Case Management. Effective Strategies for Positive Outcomes*. Sydney: Allen and Unwin.

“Planned Support Guide – an approach to case management” written by the Queensland Council of Social Service (downloadable for free from QCOSS website)

Recommended Reading

Moore, E. (2016). *Case Management for Community Practice*. Sth Melbourne: Oxford University Press.

Christensen D N, et al. (1999). *Solution-Based Casework, An Introduction to Clinical and Case Management Skills in Casework Practice*. Louisville, USA: University of Kent.

IPSPSY808A Evaluate and apply common psychotherapeutic approaches integrating psychology and spirituality

Required Reading

McClung, F. (2004). *The Father Heart of God*. USA: Harvest House Publishers.

Worthington, E. L., Johnson, E. L. Hook, J. N., Aten, J. D. (2013). *Evidence-Based Practices for Christian Counseling and Psychotherapy*. Downers Grove, IL: IVP Academic.

Recommended Reading

McMinn, M. (2011). *Psychology, Theology, and Spirituality in Christian Counseling*. USA: Tyndale House Publishers.

IPSCSP809A Apply Christian counselling to common spiritual issues

Required Reading

McMinn, M. (2011). *Psychology, Theology, and Spirituality in Christian Counseling*. USA: Tyndale House Publishers.

Tan, S. Y. (2011). *Counseling and Psychotherapy: A Christian Perspective*. Grand Rapids, MI: Baker Academic.

Recommended Reading

Worthington, Everett L., Johnson, Eric L., Hook, Joshua N., & Aten, Jamie D. (2013). *Evidence-Based Practices for Christian Counseling and Psychotherapy*. Downers Grove, IL: IVP Academic.

Barker, Graham A., & Powell, Clifford J. (2014). *From Woe to Go: A Training Text for Christian Counsellors*. Bloomington, IL: Balboa Press.

IPSIST810A Synthesise a relevant biblical theology perspective and integrate into the counselling process

Required Reading

Duvall, J. S., & Hays, J. D. (2012). *Living God's Word: Discovering Our Place in the Great Story of Scripture*. Grand Rapids, Mich: Zondervan.

McMinn, M. (2011). *Psychology, Theology, and Spirituality in Christian Counselling*. Carol Stream, IL: Tyndale House Publishers, Inc.

Recommended Reading

McClung, F. (2004) *The Father Heart of God*. USA: Harvest House Publishers.

CHCCCS027 Visit client residence

Links to various relevant documents supplied in the Reader

IPSTRA806A Provide counselling support in response to trauma reactions and critical incidents

Required Reading

Wright, H. N. (2011). *The Complete Guide to Crisis & Trauma Counseling: What to Do and Say When It Matters Most!* Rev. Ed. Bethany House.

CHCFCS002 Provide Relationship Counselling

Required Reading

Chapman, G. (2018). *Loving your spouse when you feel like walking away*. United States of America: Moody Publishers

Recommended Reading

Chapman, G. (2004). *The Five Love Languages: How to Express Heartfelt Commitment to Your Mate*. Chicago: Northfield Publishing.

Eggerichs, E. (2004). *Love and Respect*. United States of America: Thomas Nelson.

Harley, W. (2011). *His Needs, Her Needs. How to have an Affair Proof Marriage*. Old Tappan: F H Revell.

CFTMDS650A Evaluate and Apply Therapy for Mental Disorders

Required Reading

Albers, R. H., Meller, W. H., & Thurber S. D. (Eds.). (2012). *Ministry with Persons with Mental Illness and Their Families*. Fortress Press: Minneapolis

American Psychiatric Association, (2013). *Diagnostic and Statistical Manual of Mental Disorders*, (5th ed.). Washington, DC: Author.

CFTABS665A Provide therapy for issues relating to abuse

Required Reading

Hunt, J. (2013). *Verbal and emotional abuse. Victory over Verbal and Emotional Abuse*. California: Rose Publishing.

Recommended Reading

Jantz, G L. (2009). *Healing the scars of emotional abuse*. Grand Rapids: Baker Publishing.

Clinton, T., Hart, A., & Ohlschlager, G. (Eds.). (2005). *Caring for People God's Way*. Nashville: Nelson

CHCCSM003 Work with carers or families in complex situations

Required Reading

Albers, R. H., Meller, W. H., & Thurber S. D. (Eds.). (2012). *Ministry with Persons with Mental Illness and Their Families*. Fortress Press: Minneapolis

Recommended reading

Mast, Benjamin (2014) *Second Forgetting: Remembering the Power of the Gospel During Alzheimer's Disease*. Zondervan: US